

<u>How does the Columbia Asia Hospitals Mysuru Run / Ride Powered by</u> <u>Cycle Agarbathi - Virtual Edition event gets Executed for Participants in India:</u>

- Interested people willing to participate in the event have to register for the event by paying the registration fees.
- Registered participants will receive Personalised Physical Bibs or E-Bibs before the event date. Participants receiving E-bib to take Print of the Bib, if possible on 300 gsm paper and pin it on the chest. Display of Bib is recommended during the Run / Ride so as to get the feel of participating in an event.

<u>Kindly Note</u>: Participants (from Bengaluru & Mysuru) registering before 15th April, 2021 will receive Personalised Physical Bib & Event T-Shirt before 30th April, 2021. Participants from other cities will receive Personalised E-Bib by E-Mail before the event date. Event T-Shirt will be sent post the event along with the Finisher Medal.

If the Participants from cities & towns in India other than Bangalore & Mysore register before 15th April,2021 and willing to bear the Courier charges, can receive the Physical Bib and Event T-Shirt before 30th April,2021.

- ➤ On the planned event dates (1st & 2nd May,2021) participants can Start and Finish the Run / Ride any time between 12 am − 11 pm. Kindly take all precautions and safety measures to complete the run / ride so as to enjoy the experience of participating in a Virtual run / ride event.
- The participants to carry their own water bottle, energy drink & snack for hydration during the run / ride. The participants have to take care of their own safety during the run / ride.
- Participants should preferably run / ride outdoor and plan the route of their choice. But if they are not able to run outdoor, they can choose to run indoors if they are not able to venture out of their place of stay on the event day during the event allotted time. If riding has to be outdoors preferably.

- Post Running / walking / riding the distance chosen by the participants, one has to take a Photograph / Selfie with the Bib displayed on their chest and along with the run / ride timing proof share it with Raadiant Sports either in E-Mail: contact@raadiantsports.com or Whatsapp to Mobile No: 9980744332 before 11.30 pm on the day of the completion of the run / ride. Kindly Note: Participants can record the time in GPS Watch, Any Timing / Running / Riding App (Strava, Google Fit etc) which they are comfortable and regularly use to record the timing of the run / ride. On completing the run / ride have to share the Screen Shot or timing Link where the Date, Distance, Start & Finish Time is displayed.
- ➤ If we do not receive the proof of run / ride before 11.30 pm on the event date, the participants will be considered as DNF and will not be eligible to receive Finisher Medal & Participation Certificate.
- All the participants will receive E-Participation Certificate within 1-2 days post completing the run / ride distance category. Finisher Medal and T-Shirt (if not received before 30th April, 2021) will be sent within 15 days post the event.
- Post receiving the Kit if the participants share their photographs displaying the Finisher Medal & Event T-Shirt in E-Mail: contact@raadiantsports.com or Whatsapp to Mobile No: 9980744332, we will feature the photographs in Raadiant Sports Facebook page www.facebook.com/raadiantsports.

Common Advice for all participants:

- 1. Kindly maintain social distancing while running / riding and also practice personal hygiene for own safety and also of others around you.
- 2. To follow all the guidelines / orders of the Government / local authorities as may be in force on the date of the event at their respective cities and towns.
- 3. Participants registering for the event are doing so on their own will and consent. The participants are responsible for their own safety and of others during the run / ride and event organizers cannot be held responsible for the acts or errors or misadventures of the participants.
- 4. This Virtual Run / Ride is planned to facilitate and encourage people to promote fitness and lead a healthy lifestyle and also provide an event like experience and it is not an event for competition or race against other participants. So kindly enjoy the experience and have a good run / ride with family, friends, colleagues or alone so as to enjoy the fitness activity.

For more information about the event, contact us at E-Mail: contact@raadiantsports.com
OR Call No: 9980744332. Also like our Page: www.facebook.com/raadiantsports